AREAS FOR CONSIDERATION WHEN SETTING UP AN EMOTIONAL SUPPORT SERVICE

A AREA

1 Size of population of area to be served by the Centre:
   a) the immediate area ________________
   b) the overall catchment area ________________

2 Languages spoken in the area:
   a) First language ________________
   b) Second language ________________
   b) other languages ________________

3 Minority groups in the area:
_____________________________________________________________________

4 What are the requirements for support in your area, and what examples have you identified:
_____________________________________________________________________
_____________________________________________________________________

B SUICIDE, SUICIDE PREVENTION and WIDER EMOTIONAL HEALTH

1 Suicide rate (per 100,000) of this total area ________________

2 Suicide rate of the country (per 100,000) ________________

3 Rate of Self Harm in the country (per 100,000) ________________

4 Which group of people are at greatest risk? (eg. young, elderly)
_____________________________________________________________________
_____________________________________________________________________

5 What methods of suicide are most common in the community?
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

6 What is the attitude towards suicide, and emotional health in general, in the community? (e.g. cultural and religious factors, social stigma)

7 What is the attitude of medical professionals towards suicide and emotional health programmes in your area?

8 What is the legal context in terms of suicide, intervention, data protection, etc?

9 What facilities are already available for people in distress? (e.g. telephone helplines, email helplines, drop-in centres, traditional family and community networks)

C RESOURCES
1 Is there a history of volunteering in the community? Is it common practice?

2 How do local organisations use volunteer help?

3 Is there already a heavy drain on volunteers in the community?
4 What support do you have from organisations in the area?

5 What financial support do you expect to receive from the community?

6 What telephone and internet facilities are there in the area? (residential & public)